

SLCC Indoor Air Quality

Overview

Indoor air quality, or IAQ, is defined as the nature of indoor air that has the potential to affect the health and well-being of occupants. More simply, IAQ is the impact that interior contaminants may have on the air we breathe indoors.

This is a fairly simple definition and for the most part conveys the point that the quality of the air indoors is one of the factors in the indoor environment that can affect our health. The quality of the air indoors is affected by a number of factors. Select from the following to learn how each of the following factors can affect indoor air quality.

- [Odd odors](#)
- [Particulates](#)
- [Ventilation](#)